

Rugby High School Track & Field Results
CENTRAL NORTH DAKOTA CONFERENCE INDOOR INVITATIONAL
Minot State University Dome - MSU, Minot, ND – Tuesday, April 5, 2016

55 Meter Dash

Kristina Brossart - 7.45 - 3rd place
Sara Stier - 8.01
Morgan Oppen - 8.06
Brooke Blessum - 8.27
Brianna Leier - 8.35
Jazlyn Brossart - 8.40
Kimberlee Leier - 8.49
Kourtney Sattler - 8.59
Lillie Landers - 8.69
Emily Salwey - 8.93

200 Meter Dash

Kristina Brossart - 29.06 - 5th place
Anni Stier - 29.29 - 7th place
Kimberlee Leier - 31.11
Jazlyn Brossart - 31.22
Brianna Leier - 31.43
Morgan Oppen - 32.03
Emily Salwey - 32.90
Lillie Landers - 33.29
Kourtney Sattler - 33.29
Brooke Blessum - 35.27

400 Meter Dash

Anni Stier - 1:04.86 - 1st place
Brianna Leier - 1:13.02 - 8th place
Kelly Swanson - 1:18.70
Brooke Blessum - 1:19.49

800 Meter Run

Tristin Lunde - 2:36.55 - 1st place
Karsyn Hager - 2:52.61
Kelly Swanson - 3:12.07

1600 Meter Run

Ellie Duchscherer - 6:22.76 - 5th place
Taylor Nelson - 6:32.28 - 7th place

3200 Meter Run

55 Meter Hurdles

Sara Stier - 10.08 - 6th place
Jazlyn Brossart - 10.68
Morgan Oppen - 11.04
Lillie Landers - 11.69
Kimberlee Leier - 11.95

Long Jump

Sara Stier - 16'3" - 1st place
Lauren Kraft - 15'3" - 3rd place
Kourtney Sattler - 12'11"

Triple Jump

Sara Stier - 33'6" - 1st place
Lauren Kraft - 32'5" - 2nd place
Kourtney Sattler - 28'0" - 6th place

Pole Vault

Maria Blessum - 7'0" - 2nd place
Jazlyn Brossart - 6'6" - 3rd place
Karsyn Hager - 6'0" - 4th place
Morgan Oppen - No Height

High Jump

Brooke Blessum - 4'7" - 8th place
Karsyn Hager - 4'3"
Kimberlee Leier - 4'3"

Shot Put

Maddie Uhlenkamp - 32'1" - 3rd place
Matty Koenig - 31'1" - 4th place
Whitney Gronvold - 27'9" - 8th place
Morgan Hjelden - 24'4"

4 x 1 Lap(160 Meter) Relay

Kristina Brossart(20.32), Lauren Kraft(22.41)
Anni Stier(22.87), Tristin Lunde(23.53)
1:29.13 – 1st place

4 x 400 Meter Relay

Tristin Lunde(1:05.19), Ellie Duchscherer(1:14.19)
Kristina Brossart(1:09.73), Anni Stier(1:09.72)
4:38.83 - 1st place

4 x 800 Meter Relay

Karsyn Hager(2:51.65), Ellie Duchscherer(2:52.65)
Taylor Nelson(2:58.28), Tristin Lunde(2:35.79)
11:18.37 - 1st place

GIRLS TEAM SCORES

1. Rugby - 141
2. Langdon Area/Munich - 68½
3. Southern McLean - 65
4. Harvey-Wells County - 46
5. Trenton/Trinity Christian - 43½
6. Garrison/Max - 35
7. Beulah - 30
8. Glenburn - 20
9. Rolette/Wolford - 19
10. Northern Lights - 15½
11. Killdeer - 13
11. Bottineau - 13
13. New Rockford-Sheyenne - 12½
14. Velve/Drake-Anamoose/Sawyer - 11
15. Benson County - 7